

Herd to Heard: Transform Your Journey through Horses



Forever Amber Acres is partnering with **Horses for Mental Health** to launch a new program providing equine-assisted wellness services for Veterans and members of the Armed Forces, **FREE OF CHARGE**.

Program Details:

Our program focuses on various themes dedicated to your well-being. During each session, we will work together to explore aspects of your story, so you will feel heard and seen. Lean on our herd to support you in your healing journey.

Program Goals & Benefits:

- Gain **resilience, self-awareness** and **hope** through interactions with horses.
- Work within a **safe space** for military members to process and overcome life challenges.
- Become a part of a **supportive community** that is invested in your well-being. Your journey matters, and we are here to walk alongside you.

Participant Information:

- No experience with horses needed
- Group settings will consist of 1-8 participants per session
- Average time per session will be **2 hours**
- Total commitment is **16 hours** per participant
- Program will be offered between **January - September 2024**

Who We Are

Forever Amber Acres is a 501(c)3 organization, located in Medina, Ohio, helping horses and veterans who have gone through trauma. Our VETS Program is client-centered & solution-oriented. It is open to military veterans, first responders, and their families **FREE OF CHARGE** for whom conventional therapies alone have not produced satisfactory, sustainable results.

Horses for Mental Health is a 501(c)3 organization designed to increase awareness, public engagement, funds, and access to programs incorporating horses for mental health and personal growth.

Why Choose Us



Tailored for Veterans and Military Personnel

Our program is specifically designed for veterans. With over a decade of experience, we understand the complexities of military life and provide a supportive environment for healing.



Safe and Non-Judgmental Environment

Horses provide a unique outlet for expression without judgment. Connect with these magnificent animals, creating an emotionally safe space to work through challenges & emotions.



Accessible & Inclusive

We are dedicated to making our programs accessible to all veterans. Thanks to generous funding from the Department of Veteran Affairs, we can offer our services to a broader audience, making a positive impact on more lives.



"It never ceases to amaze me how each time I come here your horses lock into whatever my challenges are and show me what I need to do...that's why I continue to come."

- US Army Veteran

Contact us for more info & to register for this program



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www.foreveramber.org/v-e-t-s-program



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